

# January Menu - Ft. Myers

	<b>Breakfast</b>	<b>Lunch</b>	<b>3:30 Snack</b>
Friday, January 1	<b>CLOSED</b>	<b>Happy New Year!</b>	<b>CLOSED</b>
Monday, January 4	Cereal, Mandarin Oranges & Milk	Mac & Cheese Turkey, Broccoli, Pineapple & Milk	Animal Crackers & Craisins
Tuesday, January 5	Waffles, Fruit & Milk	Whole Wheat Spaghetti & Meatballs, Green Beans, Pears & Milk	Saltine Crackers & Sliced Cheese
Wednesday, January 6	Cinnamon Raisin Biscuit, Peaches & Milk	Hamburger Sliders, Tater Tots, Pineapple & Milk	Fruit & Veggie Straws
Thursday, January 7	NutriGrain Bars, Banana & Milk	Brunch for Lunch: Chicken & Waffles, Mandarin Oranges & Milk	Yogurt & Pretzels
Friday, January 8	Applesauce Muffins, Pears & Milk	Whole Wheat Cheese Quesadillas, Butter Peas, Pineapple & Milk	Goldfish & Raisins
Monday, January 11	Cereal, Applesauce & Milk	Chicken Pot Pie, Mandarin Oranges & Milk	Yogurt & Vanilla Wafers
Tuesday, January 12	Waffles, Peaches & Milk	Whole Wheat Spaghetti & Meatballs, Green Beans, Pineapple & Milk	Saltine Crackers & Sliced Cheese
Wednesday, January 13	Blueberry Muffins, Pears & Milk	Tacos with Ground Turkey, Peas & Carrots, Mandarin Oranges & Milk	Fruit & Veggie Straws
Thursday, January 14	Pancakes, Pineapple & Milk	Sloppy Joes, Tater Tots, Pears & Milk	Graham Crackers & Applesauce
Friday, January 15	Cheese Biscuits, Banana & Milk	BBQ Chicken with Brown Rice, Butter Peas, Mandarin Oranges & Milk	Animal Crackers & Craisins
Monday, January 18	<b>CLOSED</b>	<b>CLOSED FOR MLK JR DAY</b>	<b>CLOSED</b>
Tuesday, January 19	Cereal, Fruit & Milk	Meatballs with Brown Rice, Broccoli, Pineapple & Milk	Fruit & Goldfish
Wednesday, January 20	Applesauce Muffins, Pears & Milk	Chicken Sliders, Baked Sweet Potato Fries, Mandarin Oranges & Milk	Graham Crackers & Applesauce
Thursday, January 21	NutriGrain Bars, Peaches & Milk	Nuggets, Mashed, Pineapple & Milk	Animal Crackers & Craisins
Friday, January 22	Cinnamon Raisin Biscuit, Banana & Milk	Cheese Pizza, Peas & Carrots, Pears & Milk	Yogurt & Vanilla Wafers
Monday, January 25	Cereal, Pineapple & Milk	Chicken Pot Pie, Pears & Milk	Graham Crackers & Applesauce
Tuesday, January 26	Pancakes, Peaches & Milk	Brunch For Lunch: Chicken & Waffles, Mandarin Oranges & Milk	Veggies Straws & Raisins
Wednesday, January 27	Cinnamon Raisin Biscuit, Pineapple & Milk	Sloppy Joes, Tater Tots, Pears & Milk	Yogurt & Vanilla Wafers
Thursday, January 28	Blueberry Muffin, Applesauce & Milk	Whole Wheat Spaghetti & Meatballs, Mandarin Oranges, Green Beans & Milk	Saltine Crackers & Sliced Cheese
Friday, January 29	French Toast, Pineapple & Milk	BBQ Chicken w/ Brown Rice, Butter Peas, Pears & Milk	Fresh Fruit & Goldfish

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