

February Menu - Ft. Myers

	Breakfast	Lunch	3:30 Snack
Monday, 2/3	Cereal, Pineapple & Milk	Whole Wheat Spaghetti w/ Meat Sauce, Broccoli, Mandarin Oranges & Milk	Yogurt & Vanilla Wafers
Tuesday, 2/4	NutriGrain Bars, Peaches & Milk	Sloppy Joe's, Sweet Fries, Pears & Milk	Pretzels & Craisins
Wednesday, 2/5	Blueberry Muffins, Pears & Milk	Whole Wheat Taco Quesadillas, Green Beans, Pineapple & Milk	Saltine Crackers & Sliced Cheese
Thursday, 2/6	Waffles, Banana & Milk	Cheese Pizza, Butter Peas, Mandarin Oranges & Milk	Graham Crackers & Applesauce
Friday, 2/7	Cheese Biscuit, Pears & Milk	Meatballs w/ Brown Rice, Purple Hull Peas, Pineapple & Milk	Animal Crackers & Raisins
Monday, 2/10	Cereal, Applesauce & Milk	Chicken Fried Rice w/ Peas & Carrots, Mandarin Oranges & Milk	Goldfish & Craisins
Tuesday, 2/11	Pancakes, Pineapple & Milk	Cheese Tortellini, Broccoli, Pears & Milk	Yogurt & Pretzels
Wednesday, 2/12	Cinnamon Raisin Biscuits, Blueberries & Milk	Chicken Nuggets, Mashed Potatoes, Mandarin Oranges & Milk	Graham Crackers & Applesauce
Thursday, 2/13	French Toast, Peaches & Milk	Chicken Sliders, Baked Sweet Potato Fries, Pineapple & Milk	Vanilla Wafers & Fruit
Friday, 2/14	Applesauce Muffin, Banana & Milk	Whole Wheat Spaghetti w/ Meatballs, Green Beans, Pears & Milk	Saltines Crackers & Sliced Cheese
Monday, 2/17	Cereal, Mandarin Oranges & Milk	Chicken Parmesan Pasta Bake, Butter Peas, Pineapple & Milk	Animal Crackers & Craisins
Tuesday, 2/18	Waffles, Blueberries & Milk	Fish Sticks, Mashed Potatoes, Pears & Milk	Yogurt & Graham Crackers
Wednesday, 2/19	French Toast, Banana & Milk	Chicken Lo Mein w/ Peas & Carrots, Peaches & Milk	Saltine Crackers & Sliced Cheese
Thursday, 2/20	Cheese Biscuit, Applesauce & Milk	Hamburger Sliders, Tater Tots, Mandarin Oranges & Milk	Pretzels & Craisins
Friday, 2/21	Blueberry Muffin, Pineapple & Milk	Chicken Divan w/ Broccoli, Pears & Milk	Fruit & Goldfish
Monday, 2/24	Cereal, Peaches & Milk	Whole Wheat Cheese Quesadilla, Green Beans, Mandarin Oranges & Milk	Graham Crackers & Applesauce
Tuesday, 2/25	Waffles, Pineapple & Milk	Whole Wheat Chicken Spaghetti, Butter Peas, Pears & Milk	Animal Crackers & Craisins
Wednesday, 2/26	Pancakes, Mandarin Oranges & Milk	Cheese Tortellini, Broccoli, Pineapple & Milk	Vanilla Wafers & Pretzels
Thursday, 2/27	Applesauce Muffins, Banana & Milk	Chicken Sliders, Baked Sweet Potato Fries, Pears & Milk	Saltine Crackers & Sliced Cheese
Friday, 2/28	NutriGrain Bars, Blueberries & Milk	Chicken Nuggets, Peas & Carrots, Mandarin Oranges & Milk	Goldfish & Craisins

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