

August Menu - Ft. Myers

	Breakfast	Lunch	3:30 Snack
Wednesday, 8/1	Waffles, Pineapple & Milk	Whole Wheat Cheese Quesadillas, Peas and Carrots, Peaches & Milk	Vanilla Yogurt & Nilla Wafers
Thursday, 8/2	Blueberry Muffin, Banana & Milk	Pot Roast, Mashed Potatoes, Pears & Milk	Blueberries & Veggie Straws
Friday, 8/3	Cereal, Mandarin Oranges & Milk	Chicken Sliders, Green Beans, Apples & Milk	Cheese & Whole Wheat Crackers
Monday, 8/6	Nutri-Gain Bars, Apples & Milk	BBQ Chicken & Rice, Peas and Carrots, Pears & Milk	Sliced Apples & Animal Crackers
Tuesday, 8/7	Banana Muffin, Mixed Fruit & Milk	Sloppy Joe's, Butter Peas, Mandarin Oranges & Milk	Vanilla Yogurt & Whole Grain Cheerios
Wednesday, 8/8	Cereal, Peaches & Milk	Chicken Divan w/ Broccoli & Brown Rice, Apples & Milk	Fresh Fruit & Whole Wheat Crackers
Thursday, 8/9	Nutri-Grain Bars, Applesauce & Milk	Chicken Nuggets, Peas and Carrots, Pears & Milk	Pretzels & Raisins
Friday, 8/10	Closed	Closed	Closed
Monday, 8/13	Waffles, Mixed Fruit & Milk	Spaghetti and Meatballs, Broccoli, Apples & Milk	Vanilla Yogurt & Nilla Wafers
Tuesday 8/14	Blueberry Muffin, Banana & Milk	Oriental Chicken with Veggies & Brown Rice, Pineapple & Milk	Cheese & Crackers
Wednesday, 8/15	Pancakes, Applesauce & Milk	Pot Roast, Mashed Potatoes, Peaches & Milk	Sliced Apples & Animal Crackers
Thursday, 8/16	Cereal, Pears & Milk	Turkey & Cheese Sandwich, Green Beans, Mixed Fruit & Milk	Fresh Fruit & Pretzels
Friday, 8/17	Biscuit, Peaches & Milk	Chicken Paella, Butter Peas, Apples & Milk	Blueberries & Veggie Straws
Monday, 8/20	French Toast, Pineapple & Milk	Meatballs w/ Brown Rice, Broccoli, Mandarin Oranges & Milk	Apple Slices & Gold Fish
Tuesday, 8/21	Cinnamon Crunch Cereal, Mixed Fruit & Milk	Cheese Macaroni, Broccoli, Apples & Milk	Yogurt & Nutri-Grain Bar
Wednesday, 8/22	Blueberry Muffin, Banana & Milk	Chicken Sliders, Peas, Pears & Milk	Cheese & Crackers
Thursday, 8/23	Nutri-Grain Bars, Peaches & Milk	BBQ Chicken & Rice, Peas and Carrots, Mandarin Oranges & Milk	Snack Mix & Raisins
Friday, 8/24	Banana Muffin, Apples & Milk	Fish Sticks, Broccoli, Pears & Milk	Fresh Fruit & Gold Fish
Monday, 8/27	Pancakes, Mandarin Oranges & Milk	Chicken Divan w/ Broccoli & Brown Rice, Pineapple & Milk	Banana & Whole Grain Cheerios
Tuesday, 8/28	Waffles, Peaches & Milk	Cheese Pizza, Green Beans, Apples & Milk	Raisins & Veggie Straws
Wednesday, 8/29	Cheese Biscuit, Fruit & Milk	Spaghetti w/ Meatballs, Butter Peas, Peaches & Milk	Applesauce & Snack Mix
Thursday, 8/30	Cereal, Pears & Milk	Turkey & Cheese Sandwich, Broccoli, Apples & Milk	Fresh Fruit & Gold Fish
Friday, 8/31	Waffles, Pineapple & Milk	Whole Wheat Cheese Quesadillas, Peas and Carrots, Peaches & Milk	Vanilla Yogurt & Nilla Wafers



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