

# March Menu - Ft. Myers

|                 | Breakfast                           | Lunch   | 3:30 Snack                         |
|-----------------|-------------------------------------|---|------------------------------------|
| Thursday, 3/1   | Pancakes, Mandarin Oranges & Milk   | BBQ Chicken Sliders, Broccoli, Pears & Milk                   | Banana & Whole Grain Cheerios      |
| Friday, 3/2     | Chef's Choice                       | Tex-Mex Chicken & Rice, Apples & Milk                         | Raisins & Veggie Straws            |
| Monday, 3/5     | Cereal, Applesauce & Milk           | Pot Roast w/Noodles & Vegetables, Mandarin Oranges & Milk     | Raisins & Veggie Straws            |
| Tuesday, 3/6    | Nutri-Grain Bars, Peaches & Milk    | Chicken Nuggets, Tater Tots, Pineapple & Milk                 | Fresh Fruit & Gold Fish Crackers   |
| Wednesday, 3/7  | French Toast, Pears & Milk          | Meatballs w/ Brown Rice, Green Beans, Mandarin Oranges & Milk | Sliced Apples & Snack Mix          |
| Thursday, 3/8   | Biscuit, Apples & Milk              | Spaghetti w/Meat Sauce, Butter Peas, Peaches & Milk           | Blueberries & Strawberries         |
| Friday, 3/9     | Banana Muffin, Mixed Fruit & Milk   | Grilled Cheese Sandwich, Broccoli, Pears & Milk               | Vanilla Yogurt & Pretzels          |
| Monday, 3/12    | Cereal, Peaches & Milk              | Chicken Spaghetti, Peas and Carrots, Apples & Milk            | Fresh Fruit & Whole Wheat Crackers |
| Tuesday, 3/13   | Nutri-Grain Bars, Applesauce & Milk | Chicken Nuggets, Green Beans, Mashed Potatoes, Peaches & Milk | Rice Cereal w/ Craisins            |
| Wednesday, 3/14 | Cheese Biscuits, Pineapple & Milk   | Turkey Chili w/ Rice, Mandarin Oranges & Milk                 | Fresh Fruit & Gold Fish Crackers   |
| Thursday, 3/15  | Banana Muffin, Mixed Fruit & Milk   | Pizza, Peas and Carrots, Apples & Milk                        | Vanilla Yogurt & Pretzels          |
| Friday, 3/16    | Blueberry Muffin, Banana & Milk     | Tex-Mex Chicken & Rice, Pineapple & Milk                      | Cheese Cubes & Snack Mix           |
| Monday, 3/19    | Cereal, Applesauce & Milk           | Pot Roast, Mashed Potatoes, Mandarin Oranges & Milk           | Blueberries & Strawberries         |
| Tuesday, 3/20   | Nutri-Grain Bars, Peaches & Milk    | Chicken and Sausage Paella, Butter Peas, Apples & Milk        | Fresh Fruit & Pretzels             |
| Wednesday, 3/21 | Biscuit, Peaches & Milk             | Turkey & Cheese Sandwich, Green Beans, Mixed Fruit & Milk     | Raisins & Veggie Straws            |
| Thursday, 3/22  | French Toast, Pineapple & Milk      | Meatballs w/ Brown Rice, Butter Peas, Mandarin Oranges & Milk | Apple Slices & Gold Fish Crackers  |
| Friday, 3/23    | Blueberry Muffin, Banana & Milk     | Sloppy Joe's, Purple Hull Peas, Pears & Milk                  | Cheese Cubes & Snack Mix           |
| Monday, 3/26    | Chef's Choice                       | Chef's Choice   | Chef's Choice                      |
| Tuesday, 3/27   | Nutri-Grain Bars, Peaches & Milk    | Pizza, Peas and Carrots, Pears & Milk                         | Rice Cereal w/ Craisins            |
| Wednesday, 3/28 | Cheese Biscuits, Apples & Milk      | Chicken Nuggets, Green Beans, Pineapple & Milk                | Fresh Fruit & Gold Fish            |
| Thursday, 3/29  | Pancakes, Mandarin Oranges & Milk   | BBQ Chicken Sliders, Broccoli, Pears & Milk                   | Banana & Whole Grain Cheerios      |
| Friday, 3/30    | Waffles, Peaches & Milk             | Tex-Mex Chicken & Rice, Apples & Milk                         | Raisins & Veggie Straws            |



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