

August Menu - Ft. Myers

	Breakfast	Lunch	3:30 Snack
Monday, 7/31	Cereal, Pears & Milk	BBQ Chicken w/Brown Rice, Purple Hull Peas, Pineapple & Milk	Fresh Fruit & Rice Cereal
Tuesday, 8/1	French Toast, Applesauce & Milk	Cheese Pizza, Green Beans, Pears & Milk	Cheese Cubes & Whole Wheat Crackers
Wednesday, 8/2	Banana Muffin, Peaches & Milk	Tex-Mex Chicken & Rice, Apples & Milk	Whole Grain Cheerios & Vanilla Yogurt
Thursday, 8/3	Biscuit, Fruit & Milk	Baked Chopped Steak w/ Mashed Potatoes, Broccoli, Mandarin Oranges & Milk	Rice Cereal w/ Craisins
Friday, 8/4	Pancakes, Peaches & Milk	Whole Wheat Cheese Quesadillas, Peas and Carrots, Pears & Milk	Sliced Oranges & Animal Crackers
Monday, 8/7	Cereal, Pears & Milk	Chicken and Sausage Paella, Butter Peas, Apples & Milk	Fresh Fruit & Pretzels
Tuesday, 8/8	Biscuit, Peaches & Milk	Fish Nuggets, Green Beans, Pineapple & Milk	Snack Mix & Apple Slices
Wednesday, 8/9	Waffles, Mandarin Oranges & Milk	BBQ Chicken w/Brown Rice, Peas, Pears & Milk	Fresh Fruit & Cheese Cubes
Thursday, 8/10	Blueberry Muffin, Apples & Milk	Sloppy Joe's, Butter Peas, Peaches & Milk	Orange Slices & Veggie Straws
Friday, 8/11		Closed for Teacher Planning Day	
Monday, 8/14	French Toast, Pineapple & Milk	Meatballs w/ Brown Rice, Butter Peas, Oranges & Milk	Cheese Cubes & Snack Mix
Tuesday, 8/15	Cereal, Peaches & Milk	BBQ Chicken Sliders, Peas, Pears & Milk	Apple Slices & Gold Fish Crackers
Wednesday, 8/16	Cheese Biscuit, Fruit & Milk	Chicken Pilaf, Peas, Pineapple & Milk	Cheese & Whole Wheat Crackers
Thursday, 8/17	Blueberry Muffin, Banana & Milk	Spaghetti w/Meat Sauce, Green Beans, Apples & Milk	Sliced Oranges & Pretzels
Friday, 8/18	Cereal, Pears & Milk	Oriental Chicken w/ Brown Rice & Vegetables, Mandarin Oranges & Milk	Whole Grain Cheerios & Vanilla Yogurt
Monday, 8/21	Waffles, Applesauce & Milk	Chicken Spaghetti, Peas, Pears & Milk	Raisins & Veggie Straws
Tuesday, 8/22	Cereal, Peaches & Milk	Fish Nuggets, Tater Tots, Pineapple & Milk	Fresh Fruit & Gold Fish Crackers
Wednesday, 8/23	French Toast, Pears & Milk	Tex-Mex Chicken & Rice, Oranges & Milk	Cheese Cubes & Whole Wheat Crackers
Thursday, 8/24	Biscuit, Peaches & Milk	Turkey & Cheese Wrap, Green Beans, Mixed Fruit & Milk	Sliced Oranges & Animal Crackers
Friday, 8/25	Banana Muffin, Apples & Milk	Grilled Cheese Sandwich, Broccoli, Pears & Milk	Vanilla Yogurt & Pretzels
Monday, 8/28	Cereal, Peaches & Milk	BBQ Chicken w/Brown Rice, Peas, Pineapple & Milk	Fresh Fruit & Whole Wheat Crackers
Tuesday, 8/29	Muffin, Applesauce & Milk	Chicken Sliders, Green Beans, Mandarin Oranges & Milk	Rice Cereal w/ Craisins
Wednesday, 8/30	Cheese Biscuits, Apples & Milk	Sloppy Joe's, Butter Peas, Peaches & Milk	Fresh Fruit & Gold Fish
Thursday, 8/31	Pancakes, Oranges & Milk	Fish Nuggets, Green Beans, Pineapple & Milk	Banana & Whole Grain Cheerios



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